

Referee Quick Chart of Rules of Competition

	SYSA U10	SYSA U11	SYSA U12	RCL U9/U10	RCL, NPSL U11	RCL, NPSL U12	PSPL U9/U10	PSPL U11/U12
Field Size (WxL in yds) #	40x60	50x75	50x75	40x60	50x75	50x75	40x60	50x75
Penalty Area Size (LxW in yds)	12x24	14x36	14x36	12x24	14x36	14x36	12x24	14x36
Goal Size (HxW in ft)	6x12/6.5x18.5	6.5x18/7x21	6.5x18/7x21	6x12/6.5x18.5	6x12/7x21	6x12/7x21	6.5x18.5	7x21
# of Players on Field	7	9	9	7	9	9	7 (a)	9
Max # of Players on Roster	12	14	14	12	16	16	14	16
Min # of Players for a Game	5	6	6	5	6	6	5	6
Game Time Period (Minutes)	2 x 25	2 x 30	2 x 30	2 x 25	2 x 30	2 x 30	2 x 25	2 x 30
Time Between Periods (Minutes)	5	5	5	5	5	5	5	5
Ball Size	4	4	4	4	4	4	4	4
Build out Line ###	Halfway Between P.A. & Half Line	Halfway Between P.A. & Half Line	No	Halfway Between P.A. & Half Line	Halfway Between P.A. & Half Line	No	Halfway Between P.A. & Half Line	No
Slide Tackling	No*	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Heading	No*	No*	Yes	No*	No*	Yes	No*	U11-No* U12-Yes
Goalkeeper Punts & Dropkicks	No*	No*	Yes	No*	No*	Yes	No*	Yes
Offside Rule	Yes**	Yes**	Yes	Yes**	Yes**	Yes	Yes**	Yes
Direct Free Kicks	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Free Kick Distance (yds)	5	7	7	8	8	8	8	8
Penalty Kick Distance (yds)	No PK (b)	10	10	10	10	10	10	10
Retake on Throw-In	No	No	No	No	No	No	No	No
Goal Scored From Kick Off	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Misconduct to Player/Coach ***	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

Field Size Range +/- 5 yds of Dimensions.

For the purposes of competition, Attackers may cross the build out line only after the Ball is "In Play".

- 1) Ball is "In Play" from a **Goalkick** when the Ball leaves the **Penalty Area**.
- 2) Ball is "In Play" from **Goalkeeper Possession** when the **Goalkeeper Releases Ball from Hands**.

* Award IDFK to Opponent for Infraction.

** Offside Position is Determined

*** Coaches from All Leagues can

(a) PSPL has Mercy Rule for Ages U10 and below. If Score differential reaches 5 goals, team with fewer goals can add player. If Goal Differential returns to 4, remove extra player.

(b) U10 DFK foul in PA Results in DFK (5yds). Defending Team may have a wall.